

**Health & Hope Foundation**  
**Tanzania 2019 Healthcare Outreach Report**  
**Mwanza and Kangetutya Village**



**20** Volunteers from the NW join our in-country team to deliver care for Tanzanians.  
 Thank you to our donors and volunteers for supporting Health & Hope programs that impact global change.  
 With your help **4,820** healthcare services were delivered in July 2019.

**Health Care Service Details**

**Healthcare Provided:**

1028 patients  
 1283 Doctor visits

**Services Provided:**

Medical **411**, Dental **508**, Vision **977**, Other **2,924**

**Vision**

**677** patient visits, with **977** services

Glasses - 535

Eye meds - 415 dispensed

27 Referrals for later stage cataract/glaucoma

**Dental**

**307** patient visits with **508** services

Teeth extraction - 297

Restore teeth – 31, Clean/fluoride- 99

Consult (normal growth/bruxism) 81

**Medical**

**223** patient visits with **411** services

Cervical Cancer Screening - 171

Genitourinary – 95, GI pain - 56, Skin -30

Pregnancy – 37, Breast - 10,

Referral for Cervical Cancer Treatment – 12

**Other Services**

First aid classes - **124**

Menstrual kits – **600**

Worm Medication – **1,000**

Toothbrushes – **1,200**



Our dental “dream team” created smiles galore for Tanzanians with painful or broken teeth and cleanings and fluoride for children. Drs. Craig & Michelle Neal, Dr. Franco Audia & Dr. Susan Abdun-Nur, Dr. Cindy Pauley & Dr. Brian Cave and their 6 teenagers who

assisted, opened doors of health for hundreds of happy and grateful Tanzanians.

Tanzania is one of the worlds’ poorest countries with less than 1 dentist per 150,000 people. The caring skills of these volunteers, and your monetary support, provided them access to care.





### Vision Care Opens our Eyes

Vision is our most popular clinic for all ages. In Tanzania, glasses are only available to wealthy in urban areas. To see clearly with comfortable healthy eyes is a gift. We provide glasses for near and far vision correction. Corrected vision can change a life immediately. For others medications provide eye health and comfort. Preventative education for all. 90% of avoidable blindness occurs in developing countries. We are working to change that.



### Medical care - Focus on Women

Hundreds of women celebrated the chance to meet with our medical team: Gwen Piercey, ARNP, women's health care specialist, assisted by a Tanzanian midwife Modesta Noah. HHF has been active in providing cervical cancer screening and gynecological care to Tanzanian women. Cancer screening opens the door for women to come for education and preventative care. In Tanzania, infant and maternal morbidity and mortality are in the world's top 10. Cervical Cancer is the most common cancer, killing more women than other illness excluding Malaria and HIV related diseases. With your support we are helping women stay healthy. ☺

### Self Confidence every Month. Period.

600 Days for Girls kits were provided to Tanzanian Maasai women of Nainokanoka Village, girls and women attending HHF Healthcare Outreaches in Mwanza and Kangetutya Village, Tumaini Tutor School students, and the extended community. We thank our volunteers in Edmonds and members of Days for Girls teams in Bellingham, Lynnwood and Everett for making this possible.



### Thanks to our 2019 Volunteers:

- David Albert - Engineer Wizard
- Dr. Susan Abdun-Nur, Dentist
- Dr. Franco Audia, Oral Surgeon
- Alice Bossart - Sterilizaion
- Jan Bush - Sterilization
- Dr. Brian Cave, Dentist
- Peter Knudson, ParaMedic, First Aid
- Dr. Craig Neal, Oral Surgeon
- Dr. Michelle Fogg Neal, Orthodontist
- Dr. Cindy Pauley, Dentist
- Gwen Piercey, ARNP
- Leslye Teuber, Dental Assistant
- Lisa Walker, Vision Assistant
- Dr. Loree Bolin, Dentist
- Dental & Vision Assistants
  - Ethan and Sophia Audia
  - Tyler and Jordan Cave
  - Collin and Calleia Neal

